



TEMPLE EMANU-EL PRESENTS
ASK AN EXPERT FROM SICKKIDS



Following 8 pm Erev Shabbat Services
we will hear from leading experts
on many of the challenges
parents face today.

Bring your questions and concerns.
Babysitting will be provided

October 28 – Can I Eat My Dessert First?

A Conversation about Kids & Food
with dietician Jaimie Kennedy & Dr. Leora Pinhas

What to do about a picky eater?
Is my child eating too much or too little?
Can grandparents have different rules?
What about breastfeeding?

November 25 – Is This Just a Phase?

A Conversation about Children's Mental Health
with psychiatrist Dr. Daniel Gorman

**January 27 – Dealing with Discipline, Bullying &
Other Challenges**

with social Worker Sheila Bjarnason

February 24 – All Medical Questions Big & Small

with paediatrician Dr. Ian Kitai

**BRING GRANDPARENTS, AUNTS, UNCLES & FRIENDS!
EVERYONE WELCOME!**